

At-Home Learning Activities for Preschool Families – Week 3

Social Emotional	<p>Self-Portraits Using a mirror, encourage your child to draw themselves. Point out facial features like eyebrows and eyelashes, or even their feelings. If they draw their whole body, add in some fashion design!</p>
Literacy	<p>Story Go-Round Involve the whole family and make up a cooperative story. Each person will add one sentence to the story. Start with characters and a simple plot, like “a dog and cat went to the beach,” and let the children take it from there. The sillier, the better!</p> <p>This link provides free online access to hundreds of children’s books. https://www.storylineonline.net/</p>
Math	<p>Shape Scavenger Hunt Take any theme, such as patterns, letters or colors and hunt around the house. Make it official with a clipboard and check off items as you go. Crawl around, reach up high and get down low!</p>
Science	<p>Seed Starts Gather a Ziploc bag of any size, your choice of seeds, beans, or corn, and a damp paper towel. Give your child the folded damp paper towel and have them drop a small amount of seeds on it. Try to leave some space between the seeds if you would like to plant them, otherwise the roots will tangle. Place the paper towel in a Ziploc bag and hang the bag in a sunny window or outside in a sunny spot. Within a few days the seeds will germinate and the roots will be visible!</p>
Gross Motor	<p>Indoor Obstacle Course Push aside some furniture, and practice gross motor skills without breaking anything! Set out a laundry basket and use balled up socks to practice throwing and accuracy. Tape down some yarn or string for a makeshift balance beam. Do moves in place, like running, jumping and hopping. Add yoga moves, use a timer and cheer them on!</p>
Parent Resources / Family Engagement	
<p>https://healthyathome.readyrosie.com/en/</p> <p>https://talkingisteaching.org/assets/illustrations/staycation-toolkit-v3.pdf</p>	